## Out & About: Snapshot

HEROES

Among Us 9

Because we're out, and it's about us!

You are going out, and it's about the two of you. To keep it about the two of you, here are a few suggested ground rules:

- Do not talk about money, kids (if you have them), in-laws or any other potentially relationally deadly topics. If this feels awkward, you are not alone. That is why you are doing this.
- 2. Reconnect
- 3. Recharge
- 4. Relax



For this date, you will need a camera or a smartphone with a camera. Make sure it is charged for the night. Before you leave, determine a quick, fun spot for dinner.



Before Photo: Take a "couplie" (a couple's 'selfie') that illustrates the level of stress you have been experiencing the last few weeks. On the way to dinner answer the following "just for the fun of it" questions:

- 1. If all foods were equally nutritious, and you could only eat one thing for a lifetime, what would it be?
- 2. If a movie was made of your life, what genre would it be and who would play you?
- 3. What is the one thing you always wanted as a child but never got?

Once you are at dinner, order something you have never eaten before. During dinner fill in the following "I've-never-but-I-would-like-to" blanks:

- 1. I've never been to the state of \_\_\_\_\_\_, but I would like to.
- 2. I've never gotten anything from <u>(store)</u>, but I would like to.
- 3. I've never had a conversation with , but I would like to.



After dinner, it's time for your photo scavenger hunt.

- 1. Take a "couplie" next to the car you wish you owned.
- 2. Take a "couplie" with a statue or a monument.
- 3. Take a "couplie" in clothes you will never purchase. (Think Goodwill, or high end.)
- 4. Take a "couplie" outside a home you don't own, but would like to.
- 5. Take a "couplie" that represents your first date.
- 6. Post your favorite "couplie" on Facebook. Use #mpdate in the post.

PLEASE NOTE: We are not responsible for arrest due to trespassing. But if you do get arrested, take a photo with the arresting officer.



Before you go inside, determine one thing you are going to do just for fun in the following week.

Going old school, this week print off your favorite photo from the photo scavenger hunt and put it where you can see it often.

