



# PLAY DATE

REMEMBER **PLAYTIME** AS A KID? HOW MUCH FUN WERE THOSE TIMES WHEN YOU HAD NO RESPONSIBILITIES AND JUST PLAYED WITH A FRIEND?

What if you could (sort of) recreate a moment like that? What if you could have a night focused on playing with your spouse? What if you could create a space to be a little childish? That's what this date is all about.



## GROUND RULES

- 1. BIG PEOPLE STUFF** is not important tonight. Don't talk about money, in-laws, chores, or the last fight you had. It's time to temporarily say "see you later alligator" to that grown-up stuff.
- 2. PRETEND LIKE YOUR PHONE IS IN TIMEOUT.** Promise to put the screens away for a little while to remove all distractions.
- 3. REMEMBER HOW IMPORTANT IT IS TO SHARE.** Take turns talking. Take turns listening. Take turn pinching each other's butt. Laugh together because we said butt.

## STARTERS ..... *Get Ready*

Kids don't like dressing up and getting fancy. So, you don't have to do that tonight. Wear comfortable clothes. Put on something you don't mind getting a little dirty. Because that just might be where the night leads you.

Now it's time to head to a restaurant. Pick out one that's kid-friendly. As you drive to the restaurant (it's OK to be an adult while you're driving), listen to this Spotify playlist we made especially for you: [marriedpeople.org/PlayDate](https://open.spotify.com/playlist/37i9dQZF1DX0XUx1U8Oj8n)

## MAIN COURSE ..... *Go Out*

Once you get dinner, it's time to talk. Visit some questions from your past, present, and future.

### ◆ PAST ◆

- What was your favorite toy as a kid?
- If you could relive one year of your childhood, which would you choose?
- What was one crazy thing you did as a kid you hope no child will ever do?
- Other than your parents, who was your favorite adult growing up?



### ◆ PRESENT ◆

- What is the thing you do now that makes you feel most like a kid?
- What is one thing you would like to do now to make you feel more like a kid?
- If your 12-year-old self could see you now, what about you would amaze them most?

### ◆ FUTURE ◆

- What would you tell your great, great grandchild if you could meet them?
- What technological invention do you hope is real for your grandchildren?
- What toy do you think will never go out of style?

## SIDES ..... *Dare Me*

Kids are typically much more daring than adults. We tend to play things safe, while they don't seem to be afraid of anything. So it's time to be brave and dare your spouse to do one of the following.

- Go play on a playground together. If you're really daring, go to the closest fast food restaurant with an indoor playset and slide on the slide until they kick you out.
- Order something off of the kid's menu at a restaurant.
- Have a bubble gum blowing contest to see who can blow the biggest bubble.
- Built a fort...on your bed...oh yeah.



## DESSERT ..... *Keep it Going*

Arts and crafts time! At some point at the end of your date, grab a few sheets of paper and pack of crayons (or magic markers, if you'd prefer).

Write a special note to your spouse using the crayons. Feel free to include a portrait of them at the bottom. Now read it out loud to your spouse.