

# Keys to a Great Vacation



Isn't vacation one of the best words in the English language? Who doesn't love getting to take some time of to spend with their loved ones? It's surprising then that there are still too many people who don't prioritize going on vacation with their spouse.

Vacations are worth taking. It's important to get away spend meaningful time with your spouse. These are vital investments into your future that help to keep couples connected over time.

## GO AWAY

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Vacation shares the same root as the word vacate, meaning to leave or make empty. So to go on a vacation, you have to get out of your house. Go somewhere else.

Take a trip to a new place, or a favorite destination. Pick a place with your spouse and then go there, just the two of you.

## HAVE A GOAL

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There are two main goals of a couple vacation—to go on an adventure or to relax. Adventures are fun and exciting, but aren't very relaxing. Relaxing vacations are regenerative, but not very adventurous.

It's hard to do both, so pick one and agree on it. This goal will help make decisions on what activities you'll do.

## HAVE A BUDGET

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A great vacation doesn't have to be expensive. But it can become more pricey if you don't take the time to create a budget.

How much are you willing to spend? What are some areas you can save money? Where are you willing to spend more? Take the time so save up ahead of time so money doesn't become an issue while you're traveling.

## HAVE A PLAN

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Some couples like to plan everything about a trip. Some prefer to be more spontaneous. There's a happy medium somewhere in between those two points.

Have something of a plan so you know what's going on. But also leave yourself room to be flexible while you're away. The point is to remove stress and undue distractions.

## HAVE SEX

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You're traveling alone and have plenty of time to relax. What better opportunity to make frequent love with your spouse? That's not the point of the vacation, but it certainly makes it more fun and memorable.

## HAVE FUN

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The most important thing is remember to have fun. A vacation isn't another obligation or something to check off your to-do list. This is something you get to do, so you might as well enjoy it.

Appreciate the time you get to spend with your spouse. The best way to protect your marriage is to enjoy it.