



Deadly Dinner and a Movie

Deadly Dinner. Now that we have your attention, the dinner isn't actually deadly. It's eating a dinner that some health-conscious people might call deadly, because you are going to eat exactly what you shouldn't as you watch a movie you shouldn't miss.

Get Ready: Wear whatever you like because this date is happening in the comfort of your own home. If you have kids, we still highly suggest sending them to a babysitter.

Go Out: Rent *Cinderella Man*. While you are out, grab all your favorite junk foods for dinner (e.g., movie candy, popcorn, frozen appetizers, pizza). Just get whatever you love that is bad for you.

On your way, answer these—**You Must Choose!**

- ★ SKYDIVING OR SCUBA DIVING?
- ★ NO FOOD FOR A DAY OR NO SLEEP FOR A DAY?
- ★ FLY OR READ MINDS?
- ★ STUCK IN AN ELEVATOR OR STUCK ON A SKI LIFT?
- ★ HAVE A MINIATURE PIG OR A MINIATURE MONKEY AS A PET?

Dare Me: While you are out getting the movie and/or the makings for your junk food dinner, here are three options for your Dare Me.

As you interact with salespeople—

- ★ **Option One:** Pretend not to hear what the clerk is saying at least three times.
- ★ **Option Two:** Speak with an accent.
- ★ **Option Three:** Pretend to have laryngitis.

(While some may feel this constitutes lying, MarriedPeople believes it makes God laugh.)





Do It: Watch *Cinderella Man* and then answer the questions below. There's a BONUS if you watch the movie in a media room you build out of sofa cushions. (PLEASE NOTE: The movie has a PG-13 rating for intense boxing violence and some offensive language.)

In the Bible (*Ephesians 5*), husbands and wives are told to mutually submit to one another. But the next thing a husband is told to do is different from the next thing a wife is told to do. Women are told to unconditionally **RESPECT** their husbands, and men are told to unconditionally **LOVE** their wives. It's not that women don't want respect; it's not that men don't want love. It's just that the scales seem heavily tipped in different directions, with men mostly wanting unconditional respect and women mostly wanting unconditional love. Can you give examples from the movie where that seems to be the case? Can you give examples in your own marriage where that is the case?

- ★ How did the characters in the film show each other respect and love? Were there times that they may not have deserved it?
- ★ Husbands, ask your wives: *"What would make you feel incredibly respected by me?"*
- ★ Husbands, ask your wives: *"What would make you feel incredibly loved by me?"*
- ★ Wives, ask your husbands: *"What would make you feel incredibly loved by me?"*
- ★ Wives, ask your husbands: *"What would make you feel incredibly respected by me?"*

Picture It: Take a picture of your spouse among the mess you've made and set it as the wallpaper on your phone. Also, don't forget to post it on your church's Facebook page.

Keep It Going: This week, write five sticky notes with one-sentence reasons why you love and respect your spouse. Place them where he or she will find them when you aren't around.

