



## CARPET PICNIC

This date is all about fun. The goal is for you to laugh together. That's it!

### GET READY:

If you have kids, wait until they are asleep, out of the house, or at least out of the room. You and your honey are experiencing dinner, indoor picnic style. Grab a blanket, dinner, and find a spot on the floor.

### DO IT:

As you enjoy your picnic, fill in the following Mad Dibs.

John and Debbie loved date nights because they were always very \_\_\_\_\_. On  
ADJECTIVE

their dates, John always wore a/an \_\_\_\_\_ article of clothing, because it made  
ADJECTIVE

him feel \_\_\_\_\_. Debbie always wore \_\_\_\_\_ clothing, because it  
FEELING ADJECTIVE

made her feel \_\_\_\_\_. John always did the \_\_\_\_\_, which made him  
FEELING TYPE OF DANCE

look \_\_\_\_\_. Debbie always did the \_\_\_\_\_, which made her look  
ADJECTIVE TYPE OF DANCE

\_\_\_\_\_. Their two favorite things to do on their dates were \_\_\_\_\_  
ADJECTIVE VERB ENDING IN "ING"

and \_\_\_\_\_. They always ended their dates by making out under the  
VERB ENDING IN "ING"

\_\_\_\_\_ \_\_\_\_\_ . When people ask them the secret to their marriage, they  
ADJECTIVE NOUN

always say, "Never \_\_\_\_\_ while wearing \_\_\_\_\_. When you fight, make  
VERB PLURAL NOUN

sure you always \_\_\_\_\_ afterward. And never stop dating, because dating always  
VERB

makes your marriage \_\_\_\_\_.  
ADJECTIVE

## DARE ME:

Each spouse plays one song for the other person to dance to, by themselves, for 45 seconds. Can't think of a song? (Think "She's a Maniac" from Flashdance, "Can't Touch This," or "Ice, Ice, Baby.")

## PICTURE IT:

Take a funny picture of yourself with your spouse's phone and make it his or her wallpaper.

## GAUGE:

Each of you answer the following question:

### WHICH OF THESE BEST DESCRIBES YOUR CURRENT RELATIONSHIP AND WHY?

- ☐ Mac and Cheese
- ☐ Meat and Potatoes
- ☐ Chips and Salsa
- ☐ Peanut and Butter
- ☐ Thai Food and Tums
- ☐ Donuts and More Donuts
- ☐ Mentos and Diet Coke

## KEEP IT GOING:

Ask each other the question above once a week until your next date. This question has the potential to radically shape your awareness of your spouse's feelings. If you are on the same page with your answer to this question, we're sure you'll see less of the bad drama and more of the good.

